NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ MARKING PERIOD \_\_\_\_\_\_

**Unit 3 HEALTH MENU**



**Chronic Diseases/Organ Donation/STI’s**

**Common Core:** 9.PCH.1.1, 1.2, 1.3, 1.4, 1.5, 1.6 1.7, 2.1, 2.2 3.1, 3.2,

**WEBSITES:**

American Heart Association: [www.americanheart.org](http://www.americanheart.org)

American Cancer Society: [www.cancer.org](http://www.cancer.org)

Real Age: [www.realage.com](http://www.realage.com)

Susan G. Komen (Breast Cancer) [www.komen.org](http://www.komen.org)

***ROOKIE: GATHERING CONTENT (maximum 100 points) GREEN***

1. Define the following vocabulary words **(Works Cited)** **20 points**

*Metastasis Melanoma Immunization*

*Carcinoma Benign Malignant*

*Heredity* *Chronic Disease Communicable disease*

*STI Antibiotic Incubation Period Atherosclerosis Squamous Cell Carcinoma Curable*

*Brain Death Coma HIV/AIDS*

*Risk Consequence Health Risk*

2. List 10 factors that affect a person’s sleep **(Works Cited) 10 points**

3. List at least 5 Organs & 5 Tissues that can be donated **(Works Sited)** **10 points**

4. List at least 10 benefits of being an Organ Donor **(Works Cited) 10 points**

5. Create an Emergency First Aid Kit with at least 10 items that you would include in the kit.  **Works Cited) 10 points**

6. Complete **There’s a Hole in My Sidewalk Activity** **(Hand out)** **10 points**

7. Complete the **What If Poem Activity** **(Handout)** **10 points**

8. List 5 Curable STD’s & 5 Incurables STD’s with 2 sign and symptoms of each (Works Cited) **10 points**

9. 14. List 10 factors that can contribute to breast cancer **(Works cited)**. **10 points**

10. Create a **WORDLE** ([www.worditout.com](http://www.worditout.com) or [www.ABCya.com](http://www.ABCya.com))

with at least 50 words that are associated with Unit 3 (Must have color). **10 points**

11. List how to prevent injuries associated with ATV’s and motorcycles (works cited). **10 points**

12. Summarize a story found online that someone’s life was taken because of skin cancer (works cited) **10 points**

13. In your opinion, what are 5 Negative Risks & 5 Positive Risk teens might make in High School **10 points**

14**.** List at least 10 examples of different Self-Examinations and/or Early Examination Exams and that are recommended for Teens, Young Adults, and Adults. **(10 Total – Works Cited) 10 points**

15.Complete **Health Determinants Handout 10 points**

**16.** Complete **Lessons from Geese Activity (Separate sheet of paper) 10 points**

**17. Complete Pill of Success Activity (separate sheet of paper) 10 points**

***PRO: APPLYING CONTENT (maximum 100 points) YELLOW***

1. Create a **tri-fold pamphlet** on the procedures and benefits of organ donation **(Works Cited- see Rubric on pgs. 9-10)15 points**
2. Approximately 500,000 Americans die each year from Heart Disease. Create an informative **tri-fold pamphlet** on heart disease (**Works Cited**- **see Rubric on pgs. 9-10**)**15 points**

Or an informational poster. (**Works Cited- see Rubric on pgs. 9-10**) **10 points**

1. Create a **Power Point presentation** on at least 5 STD’s **(Print out, See Rubric Page 9, and Works Cited) 20 points**

4. Create a **Poem** on a Unit 3 health topic **20 points**

5. Create a **Venn diagram** on Dangers of Tattoo’s and Piercings **Works Cited 10 Points**

6. Create a **Stall Street Journal** on STD’s (**Print out & Works Cited)**. **20 points**

7. Create a **tri-fold pamphlet** on the dangers of skin cancer and how to be more “sun safe”. **(Print out and Works Cited**) **15 points**

8. Create an **Info graph** on an STD **20 points**

9. Create a **Venn diagram** on STD’s (Curable VS Incurable) **Works Cited** **10 points**

10. Create a Storybird book ([www.storybird.com](http://www.storybird.com)) on a Unit 3 Topic.   **20 points**

11. **Public Service Announcement** (IMovie) on the benefits of Organ Donation:

**20 points** **OR** Design and Create 1 large poster on Organ Donation **Works Cited** **20 points**

12. Create a PowerPoint presentation of the topic of Sleep **(Print out, See Rubric on page 9, & Works Cited)** **20 points**

13. Create an informational **Pamphlet** on Concussions **(Print out, See Rubric on page 9, & Works Cited)** **15 points or PowerPoint 20 pts**

14. Create an **Info graph** on Heart Disease or Cancer **20 points**

15. **Write** a Letter to an Organ Donor’s Family. Must be 3 paragraphs (5-8 sentences each) thanking them for the organ or tissue donated. Write about the organ/tissue you received, why you needed it, how has your life changed because of the donation (what can you do now that you couldn’t do before etc.), how has it impacted your family etc. **20 points**

***LEGEND: (maximum of 50 points) RED LEVEL***

**Benchmark DUE Dates:**

**100 points by**

**80 points by**

**50 points**